



Fingal Triathlon Club Junior Triathlon

Skerries, Sunday 12th July 2026

Race Brief



Welcome

Greetings and a very warm welcome to the 2026 Skerries Triathlon hosted by Fingal Triathlon Club. We're thrilled to have you here for this great event.

This event is a Triathlon Ireland sanctioned event. Triathlon Ireland is affiliated to World Triathlon and therefore sanctioned events take place under the rules of World Triathlon. The full list of Youth Series rules which Triathlon Ireland implements is available [here](#). We have endeavoured to ensure that it is a competitor friendly and of course a child friendly event. All Rules and instructions exist for the safety of your children so please ensure that you read this document very carefully and abide by the rules and instructions fully. On race day your child must follow all directions of the Gardai and race marshals. We hope that your child and indeed yourselves have a great day in the beautiful town of Skerries.

Once you have read all the information below if you have any further questions, please do get in touch with us.

Safeguarding: This event is being run in accordance with TI safeguarding guidelines. If you have any questions or concerns at this event, please contact Mary Crosbie 0879974781 who is the club Designated Liaison Person (DLP). See Appendix 1 or Further details [HERE](#)

We are very lucky to have dedicated marshals supporting your junior along the route. In addition to the Race Director and Race Committee, these individuals have generously given up their time to ensure the event runs smoothly and safely for everyone. Please be respectful and friendly to all our marshals and volunteers who help make this event a success every year.

Schedule For Race Weekend for All Skerries Tri Events

2026

Schedule	Location	Opens	Closes
Saturday Registration	Skerries Rugby Club K34 C927	16.00 Junior & Adults	18.00 Junior and Adults
Sunday Registration	Skerries Rugby Club K34 C927	06.00 Adults 07.00 Juniors	07.15 Adults 08.30 Juniors
Transition	Red Island	06.00 Adults 07.00 Juniors	08.00 Adults 09.00 Juniors
Race Briefing Adults	Red Island	08.05	n/a
Race Start Adults	Green Flag Skerries South Beach	08.30	n/a
Junior Briefings for all age groups	Skerries South Beach	15 mins before each race time listed below	n/a
Race Start 15-16 years	Green Flag Skerries South Beach	10.00am	n/a
Race Start 13-14 years	Purple coloured flag	10.10am	n/a
Race Start 11-12 years	Orange coloured flag	10.20am	n/a
Race Start 9-10 years	Blue coloured flag	10.30am	n/a
Race Start 7-8 years	Red coloured flag	10:40am	n/a
Roads reopen	Local roads	12:00pm	n/a

Please note timings may change on the day due to unforeseen circumstances.

Note: We are on a very strict time schedule and will keep to all timings.

Key Points of Race Brief:

Age Category and Colour	Distances
15–17-Year-Old Tri Green Start	400m/10km/2.6km
13–14-Year-old Tri Purple Start	300m/8km/2km
11–12-Year-old Tri Orange Start	200m/6km/1.5km
9–10-Year-old Tri Blue Start	100m/4km/1 km
7–8-Year-old Red Start	50m/1.6km/400m

- Each age group has a different race colour - Know your child's race colour as this will help them to navigate the race course as the swim start flags, Transition rack stickers, bike and run turnaround points will be that colour, for example if your child is in the 9-10 year old event then they will be starting and turning around at the **blue** Flags.
- We would encourage you to register on Saturday afternoon at Skerries Rugby Club. This will allow you to go straight to the race transition area on Race Day.
- If you are registering on Race Day at Skerries Rugby Club, once this process is completed, go straight to transition.
- Please ensure to have all relevant documents ready before you arrive at registration. **You must have your junior's TI licence / ODM (one day membership) at registration.**
- Everything your child needs for the race will be in their race pack that they will receive at the registration.
- As soon as you receive your child's race number, please put your name and telephone number on the back. This information along with a sticker that the parent will have will be used at the finish line to hand children back to parents. The race number should be worn for the entire event (inside their wetsuit). The race pack will also contain an ankle bracelet, which is their timing chip and must be worn on their left ankle for the entire event. Please also ensure they put the coloured band on their wrist. This will ensure that there is no confusion as to what race the child is doing and also to help them to navigate around the race-course. All turnaround points will be marked with a coloured flag.
- Your child's bike and helmet will be checked upon entry to transition.
- If your junior gets into difficulty in the swim **do not panic**, they can raise their hand and wait for assistance. If for any reason they need to withdraw from the event, please inform the nearest race marshal and return their timing chip.

Swim route

- The 13-14 and 15-17 year old swimmers will swim from the beach to the springers. The other 3 races will swim parallel to the shore with a beach entry and exit.

Bike route

- Please take care as there are a few **dangerous bends** for the first and last 1.5km through Skerries town
- **15-17 year olds – Green route - 10km – One Lap Course Turnaround point is marked with Green Flag**
- **13- 14 Year Olds – Purple Route - 8km - Turnaround is at the at the Purple Flag**
- **11 – 12 year olds – Orange Route - 6km - Turnaround point is at the Orange Flag**
- **9 – 10 year olds – Blue Route - 4km - Turnaround Point is at the Blue flag**
- **7 - 8 year olds - Red Route - 1.6km - turnaround point will be marked with a Red Flag**

Run Route

- Follow the path along red island and the seafront and look out for the turn around point for your age category
- 15 – 17-year-olds – Green route – 2.6km
- 13 - 14-year-olds - Purple route - 2km
- 11 – 12-year-olds – Orange route – 1.5km
- 9 – 10-year-olds –Blue route - 1km
- 7 – 8-year-olds – Red route – 400m

All these turnaround points will be marshalled and have the appropriate coloured flags.

Getting to the event

GPS Coordinates for event: 53°35'06.3"N 6°06'08.6"W

If travelling from Dublin take the M1 (direction Belfast) to Junction 4. Follow R127 to Skerries.

If travelling from Belfast direction take the M1 to Junction 6. Follow R122 and then R127 to Skerries.

Parking

As Red Island is closed off for the duration of the race for transition and Race HQ, there is no parking at Red Island. Parking is available on South Strand Street and in the town just a short walk from Red Island. These roads will remain accessible at all times during the race.

Suggested Parking options - which are not affected by Race road closures

South Strand Skerries - 5 min walk to Red Island

<https://maps.app.goo.gl/kdTuCmX3jKEPFfoi7>

Skerries Mills Car park Capacity 120 spaces - 10 min walk to Red Island

<https://maps.app.goo.gl/H8fm91NAvUnqgwp9>

Skerries Community Centre, Dublin Road, Skerries K34 K377 <https://g.co/kgs/ydkDff1>

In order to allow us set up the bike course we will only be permitting access to Harbour Road, for local residents from 7am, therefore we will be unable to facilitate the dropping off of race entrants and/or equipment to Red Island.

Tempting as it may be please do not park on Harbour Road, or any area within the bike course, if there are traffic cones do not squeeze in between them – they are there for a reason.

Road closures for the race route will be in place from 08.00-12:00 on Sunday the 12th July.

Registration

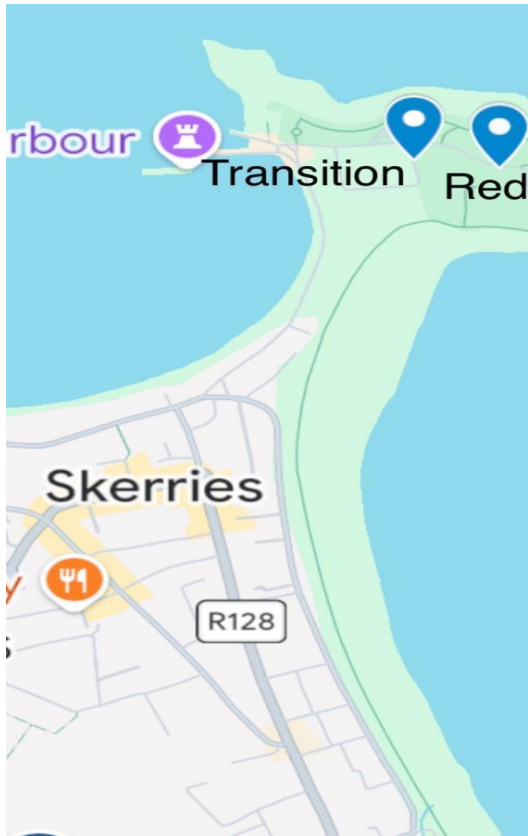
Your junior will need the following for registration

1. A screenshot of your Junior's TI licence or email confirmation of their One-Day Membership (ODM) (If you cannot see their membership on the TI app please delete the app and re-download it. You will need your TI login details (email and password) to get back in.
2. Proof of race entry.
3. You will also need safety pins or a race belt for attaching your junior's race number to their jersey or t-shirt

Registration will take place at **Skerries Rugby Club**, Townparks, Skerries, Co. Dublin, K34 C927.
<https://maps.app.goo.gl/YF3XQB6JDAdfozVD9>

Please note that Skerries Rugby club is a 10 minute walk from transition at Red Island. Registration for juniors will take place at the following times:

- **Saturday 11th July from 4pm to 6pm**
- **Sunday 12th July from 7am to 8.30am.**



It is mandatory for all competitors to hold either a 2026 annual race licence issued by Triathlon Ireland or a pre-purchased One Day Membership ODM. Before arriving at registration make sure you have downloaded or screenshot your junior's membership or one day licence from the TI app. Remember to bring Photo ID for your junior with you.

Please note that if you cannot produce either the full licence or the one day licence we cannot allow your junior to race. No race entries or transfers will be accepted on the day of the race.

In the interest of sustainability, goody bags will not be provided for athletes this year.

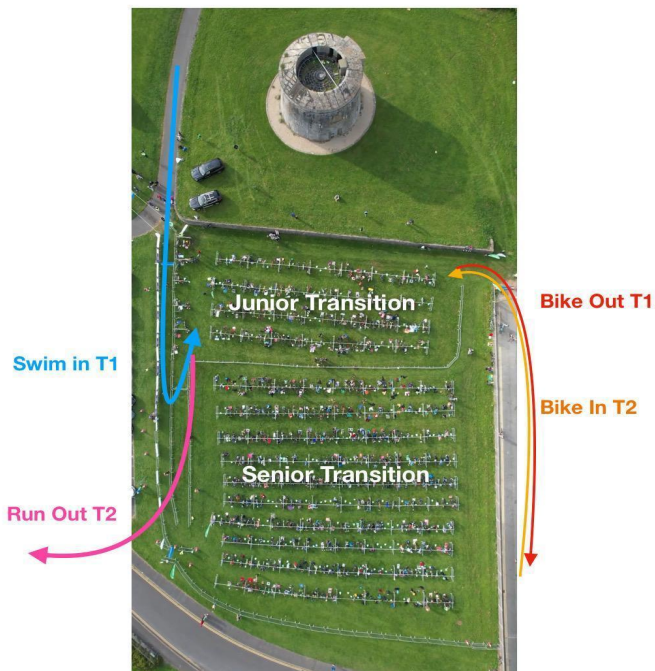
At registration you will receive a race pack. Once registered, place the race numbers from the race pack on the bike and helmet before entering transition.

Junior Race Timing chip

For the junior races, the timing chip is an ankle band which must be worn on the left ankle. You will collect it at Race Registration, and it's used to calculate your race time, race position and splits. The chip is also used to verify that you have completed the full course. If you fail to wear the timing chip we will not be able to provide you with your finishing result. The chip must remain in place for the duration of the race including the swim. There will be a timing mat at the swim exit, at both entry and exit to transition and at the finish. If you lose your timing chip or race number during the race please let the nearest marshal know. The ideal way to attach your race number is to use a race belt, safety pins can also be used.

As soon as you receive your child's race number please put your name and telephone number on the back. This information along with a sticker that the parent will have will be used at the finish line to hand children back to parents. Please also ensure they put the coloured band on their wrist. This will ensure that there is no confusion as to what race the child is doing and also to help them to navigate around the race course. All turnaround points will be marked with a coloured flag.

Transition



The transition area is located at Red Island in Skerries. In the interest of safety only competitors are allowed into transition. We have trained and vetted personnel in transition to help the juniors. No parents or guardians are permitted to enter transition once it has closed, until it is open again after the race. Should you require something from transition, do ask the transition marshals for assistance.

Transition Tips

Attach your race number to your bike and your helmet before entering transition.

There will be a mandatory bike check at the entrance to transition by our marshals. Do ensure that your bike is in good working order on the day, recently serviced with brakes and gears working as they should, as well as bar ends or caps at the end of your handlebars.

Helmets must be worn at this point also. Helmets must comply with one of the following standards: ANSI Z90.4, SNELL B90, EN1078.

Ensure your helmet is fully fastened on your head before entering transition.

Rack your bike at your allocated number with the front wheel facing the same direction as the number.

Don't forget to leave your bike, bike shoes, helmet, runners and anything else you need for the bike and the run, in transition.

Leave any equipment you require for the cycle and run at your transition spot. Suitably trained marshals are available to help juniors with wetsuits.

Keep the area around your bike tidy – no boxes or bags can be left in transition. Use the bag drop area which is beside the transition for additional bags.

When you are leaving transition, please make sure you take your wetsuit, goggles and make sure you are wearing your race number and ankle timing chip.

Be on time – no entry into transition once it closes

During the race, once you enter transition, remove your cap and goggles and wetsuit and leave at your number on the racking, attach your racebelt, if not on already, fasten your helmet before touching your bike. Walk or run with your bike to the mount line and only here can you mount your bike. Likewise, on the walk back into transition, you must dismount your bike at the dismount line, run or walk with your bike back through transition to your number on the racking. Once your bike is racked, only then can you remove your helmet. Remove your cycling shoes, put your helmet on and follow the signs for the run exit.

Transition will reopen for bike collection only after the last junior runner has exited transition. This decision is at the discretion of the head of transition.

On collection of your bike and belongings from transition you must present your race number to ensure that it matches your bike and helmet number.

This is a security measure so please be patient with our Marshalls.

Race briefing:

There will also be a quick brief at the Juniors' coloured flag at the beach before the start. It is mandatory for all competitors to attend this briefing as it includes details regarding the route, safety, latest information on course and any last minute changes to the race. We respectfully ask that you are ready on time for this briefing

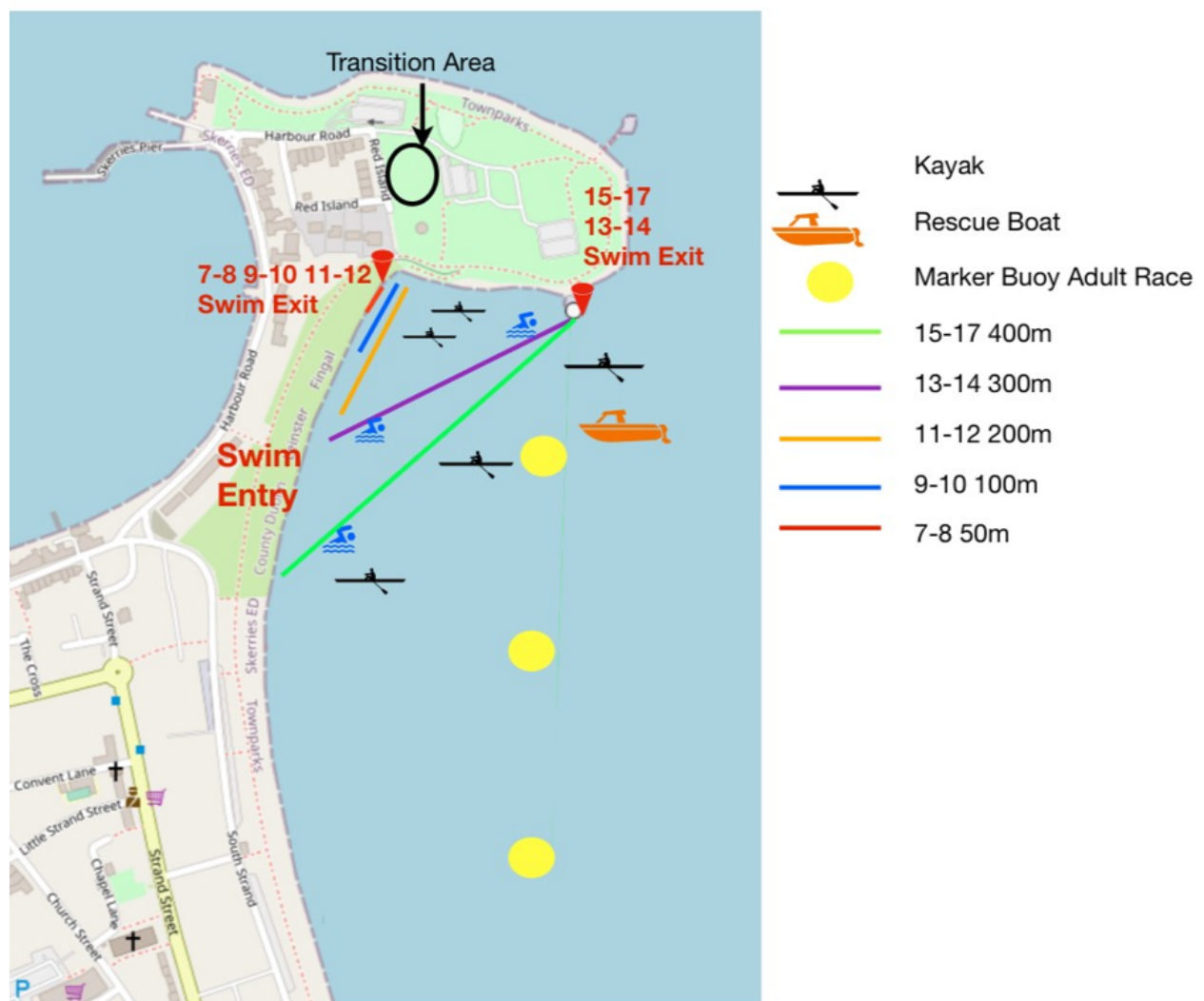
Course Guide

Swim routes for junior races

The 13-14 and 15-17 year old swimmers will swim from the beach to the springers. The other 3 races will swim parallel to the shore with a beach entry and exit. From the exit, will run up a short path back to the transition area.

If you get into difficulty in the swim **do not panic**, raise your hand and wait for assistance.

All competitors will swim in a straight line (see map below) according to their age category.



Cycle routes for junior races - All races are non-draft legal events

It should be noted that during the first 1.5km and final 1.5km of the route there are a series of hazardous bends. Please take care on these turns.

15 - 17 year olds – Green route - 10km – One Lap Course Turnaround point is marked with Green Flag

13 - 14 Year Olds – Purple Route - 8km - Turnaround is at the at the Purple Flag

11 – 12 year olds – Orange Route - 6km - Turnaround point is at the Orange Flag

9 – 10 year olds – Blue Route - 4km - Turnaround Point is at the Blue flag

7 -8 year olds - Red Route - 1.6km - turnaround point will be marked with a Red Flag

All these turnaround points will be marshalled and have the appropriate coloured flags.



More Detail on the Junior Bike Turnaround points:



The turnaround point will be marked by a marshal and coloured signage. Please ensure that you are wearing your wrist band at all times during the race.

Note! While this event takes place on closed roads, there may still be local traffic / emergency vehicles on the roads. The RNLi and coastguard stations are based at red Island and in the event of an incident these services could be mobilised which may impact harbour road. Harbour road is a designated emergency route.

Run Route

The run route is along a promenade. On exiting T2, follow the signs and the marshal instructions. Follow the path along red island and the seafront and look out for the turn around point for your age category

The following distance per age category:

15 - 17 year old run route- 2.6km

13 - 14 year olds run route - 2km

11 - 12 year old run route- 1.5km

9-10 year olds run route - 1km

7- 8 year old run route- 400m

All these turnaround points will be marshalled and have the appropriate coloured signage.

If your junior pulls out of the race, please inform your nearest marshal.



The finish for all junior competitors is at the main finish chute as per the senior race.

Please be respectful to all the marshals out on the race route. They are all volunteering and giving up their time to ensure that you have a safe and enjoyable race.

The path between Red Island and the beach is the run route. Adults will be running this path as part of their event so please be mindful when crossing this path to get to race start.

Finish Line Rules and safeguarding for child handover.

All Children MUST be collected by their parent / guardian at the finish line and then move towards transition to collect their bikes and other race belongings. Please ensure you bring the ID sticker that you used from the sticker set in your child's race pack.

First Aid

If at any stage you require first aid or medical assistance, please notify your nearest marshal who will contact the event medical personnel. The first aid tent is located behind the info tent.

The order of Malta will provide full medical cover, there will be an ambulance and foot medics on site on the day of the event.

Club first aiders will be located around the course.

Major Incident – in the very unlikely event of the major incident an assembly point will be located by transition, you will assemble there and proceed down the harbour road towards Skerries town.

Results

Timing Company will be supplied by Core Timing – Link for results to follow

Photos

Photos will be available via www.fingaltri.ie and also on the triathlon Ireland website. For anyone wishing to take photographs please find attached the TI photography guidelines.

[Triathlon-Ireland-Photography-and-Filming-Policy-2021.pdf \(triathlonireland.com\)](#) **We understand that parents love to take photos of their children taking part in this super race however please avoid taking photos of other children.**

The race will also be live streamed on facebook live <https://www.facebook.com/triathlonireland>

Lost Child Area

A lost child area will be set up beside the info tent on Red Island. This will be signed. Please ensure your child knows where this is in the morning.

Litter

Skerries is an award winning Tidy Town. Please do not litter along the course. Please hold on to your gel wrappers and other waste until you reach the finish line where bins will be provided. If you can't find a bin please bring your rubbish home with you.

Summary of Rules

Swimming Conduct

Athletes must follow the prescribed swim course. In an emergency, an athlete should raise an arm overhead and call for assistance. Once official assistance is rendered, the athlete must retire from the competition. A child can still complete the race but their time won't count.

Wetsuits

Wetsuits are mandatory. No buoyancy aids, tow floats or fins are allowed.

Cycling Conduct

An athlete is not permitted to:

- block other athletes,
- cycle with a bare torso

Athletes must obey the specific traffic regulations for the event.

Helmets: The helmet must be securely fastened at all times when the athlete is in possession of the bike, which means from the time they remove their bike from the rack at the start of the bike leg, until after they have placed their bike on the rack at the finish of the bike leg.

Mount & Dismount Line: Cycling is not permitted inside the Transition Area. Athletes must mount their bicycles after the mount line and dismount their bicycles before the dismount line. While in the transition area (before the mount line and after the dismount line) the bike can be pushed only by the athlete's hands.

Nudity

Nudity or indecent exposure is forbidden

Illegal Equipment

Headphone(s) and headset(s), mobile phones or any other electronic listening communication device. Glass containers are also forbidden.

Fun - The most important rule of all. Have fun and race fair!!!

Thank you

Thank you to so many groups and people for helping to pull together our 2026 race. Our ever-giving Fingal Tri Club event team, our Tri Club volunteers & their families & friends, all other local volunteers who give their time generously, just to see people enjoying themselves & smiling.

Thank you to the continued support of Fingal County Council, An Garda Siochana, Triathlon Ireland, Sport Ireland & Skerries Harps GAA. Skerries Rugby Club

Last but not least, great thanks to all our event sponsors: McNally Joinery, HD Bike & Sport, Keelings, and Dunnes Stores.

Without you all, our great event could not continue, in this truly great coastal setting.

Finally, have a safe & enjoyable race day in Skerries

We are extremely fortunate to be able to host this event and hope you will enjoy your time in our beautiful award winning town.

Catherine Walsh

Race Director

Fingal Triathlon Club







GOAT IN THE BOAT

SKERRIES HARBOUR

Miriam's
COFFEE



MORNING FRESH

- SUSTAINABLE BY NATURE -



WITH FUNDING FROM
**Comhairle Contae
Fhine Gall**
Fingal County
Council



The Shoe Horn

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Appendix 1 – Safeguarding information for parents, carers, chaperones. (children only events)
You are receiving this correspondence because you are the parent/carer/chaperone of an athlete competing the following event:

Skerries Triathlon

The following Safeguarding (child protection) procedures are in place.

Event Safeguarding Lead: The following person has been appointed as Safeguarding Leads for this event: Mary Crosbie : 087 997 4781: **PLEASE SAVE THIS NUMBER TO YOUR PHONE.**

Risk Assessment: A safeguarding risk assessment has been undertaken and steps taken to mitigate risks identified. Safeguarding responsibilities All parents, carers and chaperones are responsible for safeguarding at the event. This means creating a child - centred environment, following Triathlon Ireland policies and reporting on anything that occurs which has or may put a child at risk or contravenes the

Triathlon Ireland code of conduct. Parents, carers and chaperones have the responsibility to ensure athletes are safe at all times during their trip.

They should:

- Accompany young person on event day and sign in at registration or at event pack collection providing their name and contact number for the day in case of emergency.
- Be available to athletes at all times.
- Read and abide by the safeguarding policy and protocols for the event.
- Know how to contact emergency assistance if required.
- Hold medical information relevant to their athletes.
- Be available to chaperone if their athlete is selected for Anti -Doping tests, if selected for doping control Red Island
- There will not be separate children changing areas.
- There will not be separate children's toilets.

Photography

TI requests express permission from parents/carers for photography at events. A person will be appointed to take photos/film. Please do not take photos or videos of underage athletes who are not in your care.

Finish Line: Children will be held at the finish line until collected by the parent/carer. There will be a handover procedure in place. Please be at the finish line when your child finishes the event.

Missing Young People If a participant is reported missing the missing child protocol should be followed. Key points:

As soon as it is noticed or reported that a young person is missing Safeguarding Lead should be informed.

- Marshalls on the course to be alerted via Zello/walkie talkie and information gathered regarding the last whereabouts and description of the young person.
- Marshalls should only leave their post to search if it is safe to do so and if they are instructed to do so.
- Junior volunteers or other young athletes should not be part of the search.
- If the young person isn't found in the immediate vicinity then police will be informed within 20 minutes to ensure cars leaving the area can be checked.
- Safeguarding Lead to be informed immediately when young person is found.
- If a volunteer, marshal or staff member finds themselves alone with a young person they should alert the safeguarding lead and stay in an open area with the young person until assistance arrives from the safeguarding team.

Injuries on the course

If a young person is injured or needs assistance on the course, medical support should also be alerted immediately as well as the safeguarding lead. If they need assistance before the medical team can arrive then consent should be granted before assisting the young person in any way (if this young person is not in your care). If the situation is life threatening and the young person cannot give consent due to loss of consciousness, then medical attention should be given as soon as possible after calling for assistance. The Safeguarding lead will contact the coach/chaperone travelling with the young person and either the chaperone or one for the safeguarding team will accompany the young person while they receive medical assistance.

Reporting Incidents or Concerns

Any incident or concern observed or experienced must be reported to the Safeguarding leads as soon as possible particularly if a young person is in immediate danger or at risk.

- Recognise - You have a concern, notice a problem or receive a direct disclosure.
- Respond - Reassure the individual, tell them what you will need to do and that you must pass on the concern.
- Refer - Make contact with the Event Safeguarding Lead.
- Record - Who, what, where, when – use the reporting form to record the information. Reports can be made in the following ways:
 - On the day of the event a report can be made directly to the Safeguarding leads.
 - Prior to or after the event a report can be made via email or phone call to the Safeguarding Leads. You can also record your concern using the online reporting portal [HERE](#)
 - If there is an incident where a child is in immediate danger during or outside of the event you can contact the statutory authorities. The Gardaí can be contacted in the event by dialling 999.

The Safeguarding lead should still be informed of the incident. Note: it is not an individual's responsibility to decide whether or not a child or young person has been abused.

It is the responsibility of everyone to ensure that all safeguarding concerns (including those that may have been managed/responded to within the sport) are reported to the safeguarding lead to ensure a whole event picture is available.

Other Incidents/Accidents

Any other concerns related to young athletes at the event should also be reported to the Safeguarding Lead. This could include:

- Accidents • Injuries • Incidents where a young athlete has had to drop out of the event • Code of Conduct concerns • An incident between two athletes • Medical incident • Anti-Doping incident Legal and Illegal Substances Parents, carers and chaperones are asked not to consume alcohol or take any illegal substances at the event. Criminal/anti-social behaviour No type of criminal activity will be tolerated at this event. Appropriate action (i.e. referral to the Police) will be taken which could result in criminal charges being made against the offender if criminal activity is observed or suspected. Smoking (this includes cigarettes, e-cigarettes, cigars etc.) In order to promote a positive image; anyone attending the event who smokes should not do so in the presence of athletes or young volunteers whilst at the event.

Code of Conduct

Triathlon Ireland has a code of conduct -set out below- which all attendees at junior events are expected to abide by.

The key message is to understand we are trying to create a safe, young person centered environment. Please share the Junior members code of conduct with your child. It can be found [here](#).

Triathlon Ireland Safeguarding Guidelines for Event Organisers Parents/Carers/Chaperones Code of Conduct

I understand there will be young people under the age of 18 at this event and there are Safeguarding policies in place to support their welfare. I understand that in being part of this event I am subject to the points set out below and agree to comply fully with them.

- I agree to abide by the Triathlon Ireland Safeguarding policies and procedures as well as the relevant Irish legislation.
- I will respect the rights of the athlete in my care plus all the other athletes, officials, staff and volunteers.
- I will show patience and understanding towards young athletes and support their welfare through the event.
- I will promote relationships with athletes, officials, volunteers and other event attendees that are based on openness, honesty, trust and respect.
- I will demonstrate proper personal and professional behaviour at all times, providing a positive role model for the athletes and young officials
- I will respect the differences between everyone at the event in terms of age, gender (including transgender), ethnicity, religious beliefs, sexual orientation or disability.

- I will not smoke (cigarettes or e-cigarettes), possessing, consume or supply alcohol, illegal and/or performance enhancing drugs during the event or while transporting athletes.
- I will not use bad or offensive language or use inappropriate gestures at this event particularly in the presence of any young people.
- I will not leave the athlete for whom I am the support and will ensure there is adequate supervision and support at all times.
- If a child or young person shares their concerns with me I will listen, stay calm, not make judgements or false promises and will in a timely manner inform the Event Safeguarding Lead.
- I will report any concerns or incidents to the Event Safeguarding Lead.
- I will cooperate with recommendations from medical and ancillary practitioners in the management of a child's medical or related issues.
- I will not allow or engage in inappropriate physical contact of any kind or make sexually suggestive comments about or to a child or young person.
- I will not allow or engage in bullying behaviour, rough physical games, sexually provocative games.
- I will not exert undue influence over a participant in order to obtain personal benefit or reward.
- I will not take part in activity that will bring the Triathlon Ireland or this event into disrepute.
- I will not post or share on social networking sites or websites images or text that is harmful, abusive or that is in breach of the relevant policies, procedures and guidance set out by Triathlon Ireland and this event.
- I will not condone rule violations or the use of prohibited substances. I understand that any breach of this code of conduct could result in my being subject to disciplinary action from Triathlon Ireland could jeopardise my future participation in the sport.

Appendix - 2

Junior Members Code of Conduct